

Thrive

with Project New Hope



Where Service Lives Now

1

In This Issue:

Turkeys for Vets 2

November Calendar 3

Volunteer Spotlight 4

Volunteering with PNH 4

PNH October Highlights 5

Gratitude in Action 6

Where Service Lives Now

This November 11th, when you see the uniformed Veterans and Servicemembers marching or enjoying the parades, try to picture what it looks like after the parade. When we celebrate Veterans Day, we see the past. But what comes next? For most Veterans, service doesn't stop. It finds a new place.

Service is a calling, a desire to be a part of something greater than yourself. This spirit can be seen every day. If you look closely, you'll see it too.

It shows up in quiet moments. Another volunteer to drive an elderly neighbor to appointments. Some coach Little League, lead town cleanups, or shovel out a stranger's driveway during a storm. These are not grand gestures. They are everyday acts of leadership, forged in the same values that shaped them during their time in uniform: discipline, teamwork, sacrifice, and care for others.

At Project New Hope, we see this spirit in motion every day. Whether through our food programs, peer support, or retreats, we meet Veterans who continue to serve; not for medals, but because it's who they are. And the communities they touch are stronger for it.

This month, as we recognize Veterans and Military Families, let's also recognize this truth: service doesn't belong to the past. It lives in the choices Veterans make today, in the neighborhoods they strengthen, and in the hope they pass forward.

Because Veterans never stop serving. They just do it in new uniforms, hoodies, flannels, and work gloves in every corner of the community.



TURKEYS FOR VETS

WE NEED YOUR SUPPORT

Project New Hope Inc. is collecting \$20 supermarket gift cards (Price Chopper/Market 32, Stop & Shop, Big Y, Shaw's, Walmart, etc.) to provide each client of Sully's Veterans Food Pantry with the ability to select the meat of their choice — turkey, ham, fish, or other — accommodating cultural preferences and dietary needs.

We will also provide traditional Thanksgiving fixings — stuffing, potatoes, vegetables, cranberry sauce, and more — so every Veteran household can enjoy a complete holiday meal.

TURKEYS FOR VETS



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(Price Chopper/Market 32, Stop & Shop,
Big Y, Shaw's, Walmart, etc.) to select
the meat of their choice

We provide traditional Thanksgiving fixings to each client of Sully's Veterans Food Pantry along with a gift card to purchase the meat that best meets their needs.

DROP-OFF / MAIL DONATIONS:

Project New Hope Inc.
70 James Street, Suite 129A
Worcester, MA 01603

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Mark Your Calendar: November 2025

Nov. 1 – Sully's Pantry Pick-up, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603

Nov. 3 – Chair Massage with Delaney, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 5:00 pm – 7:00 pm, by appointment (774) 243-7859

Nov. 4 – Coffee Social – Worcester, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 8:30 am – 10:30 am

Nov. 8 – VA Claims Assistance, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603



**November 11th
Veterans Day**



Nov. 11 – Coffee Social – Worcester, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 8:30 am – 10:30 am

Nov. 15 – Sully's Pantry Pick-up, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603

Nov. 18 – Coffee Social – Worcester, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 8:30 am – 10:30 am

Nov. 20 – Coffee Social – Westfield, 1029 North Road, Rt 202, Westfield, MA 01085, 9:00 am – 10:30 am

Nov. 25 – Coffee Social – Worcester, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 8:30 am – 10:30 am

Nov. 26 – Reflexology, Worcester Sully's Pantry, 70 James Street, Suite 129A, Worcester, MA 01603, 6:00 pm – 8:00 pm, by appointment (774) 243-7859

www.projectnewhopema.org

Volunteer Spotlight

Anna Fleming

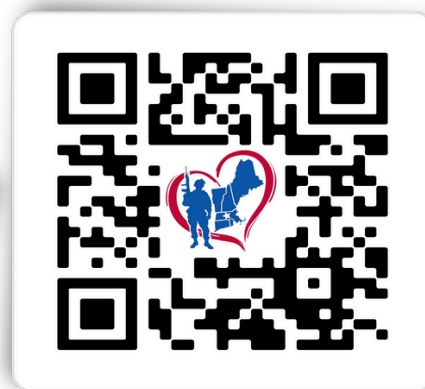
Anna has been volunteering with Project New Hope since the spring, and in that short time, she has become an essential part of our team. Whether she's filling bins during the week or showing up early to support our Saturday pantry, Anna is always ready to step in wherever help is needed. Her reliability, positive energy, and can-do attitude make a lasting impact—not just on our operations, but on the people around her. No task is ever left undone when Anna is involved, and her presence brings a spirit of encouragement that lifts everyone's day.



**Would you like
to Volunteer?**

**Apply HERE! It's easy
with our online
application.**

We are looking for strong, reliable volunteers to help with the heavy lifting that keeps our pantries running, from loading and unloading trucks to stocking supplies. Your hands-on support makes it possible for Veterans and their families to receive the resources they need.



VOLUNTEER!

October Highlights

October was a month of presence. Not the loud kind, but the kind that shows up with a cart full of groceries, a trunk full of Halloween candy, or a hand ready to bag bread before sunrise. At Project New Hope Inc., this month wasn't about a single headline. It was about moments of service that stacked up into something lasting.

Our Sully's Veterans Food & Baby Pantry remained at the heart of it all. In both Worcester and Westfield, hundreds of Veteran families received the support they needed to get through another month. Shelves were stocked not just with food, but with dignity, offering gluten-free items and allergy-conscious options because we understand that one size never fits all. Volunteers came from near and far, including teams from National Grid, Massachusetts Behavioral Health Partnership, and Farm Credit Financial Partners. They didn't just lend their hands, they brought energy and care.

The Farmers Market season came to a close at the Worcester VA, where we served 62 Veterans on the final day. Each piece of produce handed out was a reminder of how small things, done consistently, feed both bodies and trust. Meanwhile, our Hydrate Our Heroes initiative visited departments across Worcester, Grafton, and Westfield, delivering cases of drinks to First Responders and reminding them that their service does not go unnoticed.

We made space for joy too. At Trunk or Treat, our team transformed the Vernon Hill American Legion into a sweet, silly Candy Land for local families. There were smiles, costumes, and community all around. At our Veterans Coffee Socials, now infused with the new Operation Vitality wellness series, Veterans gathered weekly for more than just coffee. They came to reconnect, to learn, and to be reminded that someone is always glad to see them.



October Highlights: Gratitude In Action

As fall deepened, we began preparations for the holidays. Registration for Operation Jeepers Christmas opened, and our Turkeys for Vets campaign picked up momentum. Through both, we hope to deliver not just meals or toys, but a message: You matter. Your service is seen. Your needs are not invisible.

And behind so much of this? Generosity. From the \$15,692 gift raised by Allied Flooring's golf tournament to Spectrum Health Systems' \$10,000 Community Impact grant, and EG America's \$5,000 support of our coffee socials, the giving spirit was strong. Local champions like Stefanie and Bob Costello, Debra Antanavica and her family at Anton & Sons, and the Crankers Car Club of Agawam stepped in with gift cards, donations, and more. Their kindness wasn't about charity, it was about standing with those who have served.

In all these efforts, one truth rings out: Service does not end at enlistment. And gratitude should not end with a handshake. This October, we saw a community choose to show up again and again. That choice is what makes our mission possible. And that choice is what reminds every Veteran we meet that they are not, and never will be, forgotten.

