



Project New Hope INC.

Where Veterans Rebuild With Honor

A Women's Veteran Healing Retreat The Cortina Method (TCM)

**Do you struggle with PTS, Guilt, Anger, Fear,
Physical Pain, Limiting Beliefs?**

The Cortina Method (TCM) resolves & dissolves these problem areas.

**Based on neuroscience, TCM is Brain-Based Healing that helps
people get over trauma, WITHOUT having to relive ANY pain.**

**Replace pain with joy, gratitude, relief, and excitement.
Also enjoy Equine Therapy and holistic wellness of Yoga, Reiki, and
Reflexology.**



2024 RETREATS

June 6-10th, 2024

**Genesis Spiritual Life
and Conference Center**

[Retreat Information Click
Here or use our QR code](#)